

Complaint to TGA: Heathershaw's Compounding Pharmacy

Summary:

This web site promotes itself as, 'Melbourne's go-to compounding pharmacy'. It sells numerous products that lack an ARTG number, directly to the public, without being compounded for a particular person.

This is a serious breach of the Therapeutic Goods Regulations 1990 that specify that a compounded medicine does not have to be entered on the ARTG **only** if compounded by a pharmacist for **a particular person**, for **therapeutic application to that person**. Supply of medicines not on the ARTG is also a breach of s.42DL of the Therapeutic Goods Act 1989.

In addition, many advertisements lack the necessary disclaimers that vitamins and minerals are no substitute for a balanced diet, a breach of s.25 of the Therapeutic Goods Advertising Code (No 2.) 2018.

Specific advertisements, such as those for, 'Muscle Rescue Formula', contain statements that are not evidence-based, such as the product name, 'Muscle rescue', and claims 'reduce inflammation, relieve muscle cramps and promote a better sleep experience'.¹ In addition, a promotional YouTube video states incorrectly that, 'Most of us are magnesium deficient'. Many advertisements for other products also contain non-evidence-based claims, some of which are illustrated below.

These are breaches of s.9(a), (b) and 10(a)(ii) of the Therapeutic Goods Advertising Code (No 2.) 2018.

These multiple, serious breaches of the Regulations and Act require directions notices to cease the representations and place a retraction on the website, fines issued by infringement notices and possibly civil penalties as well.

Advertisement details:

Type: Internet

Where did it appear:

<https://heathershawscompounding.com.au/>

Advertiser:

Heathershaw's Compounding Pharmacy

153 Burke Road, Glen Iris, VIC 3146

Tel: [\(03\) 9509 7912](tel:(03)95097912)

Fax: (03) 9509 7705

heathershawscompounding@gmail.com

Domain Name: HEATHERSHAWSCOMPOUNDING.COM.AU

Registrant Contact Name: Jill Heathershaw

Registrant Contact Email: heathershawscentral@gmail.com

Registrant: 153 BURKE PTY LTD

Registrant ID: ABN 58163820906

Eligibility Type: Company

Date seen October 15, 2020

Products promoted:

Various, see screen shots in appendix

¹ <https://naturalmedicines.therapeuticresearch.com/databases/food,-herbs-supplements/professional.aspx?productid=998>

Complaint to TGA: Heathershaw's Compounding Pharmacy

Signed and dated:

Dr Ken Harvey AM, MBBS FRCPA

Associate Professor

School of Public Health and Preventative Medicine

Monash University

553 St Kilda Rd

Melbourne VIC 3004

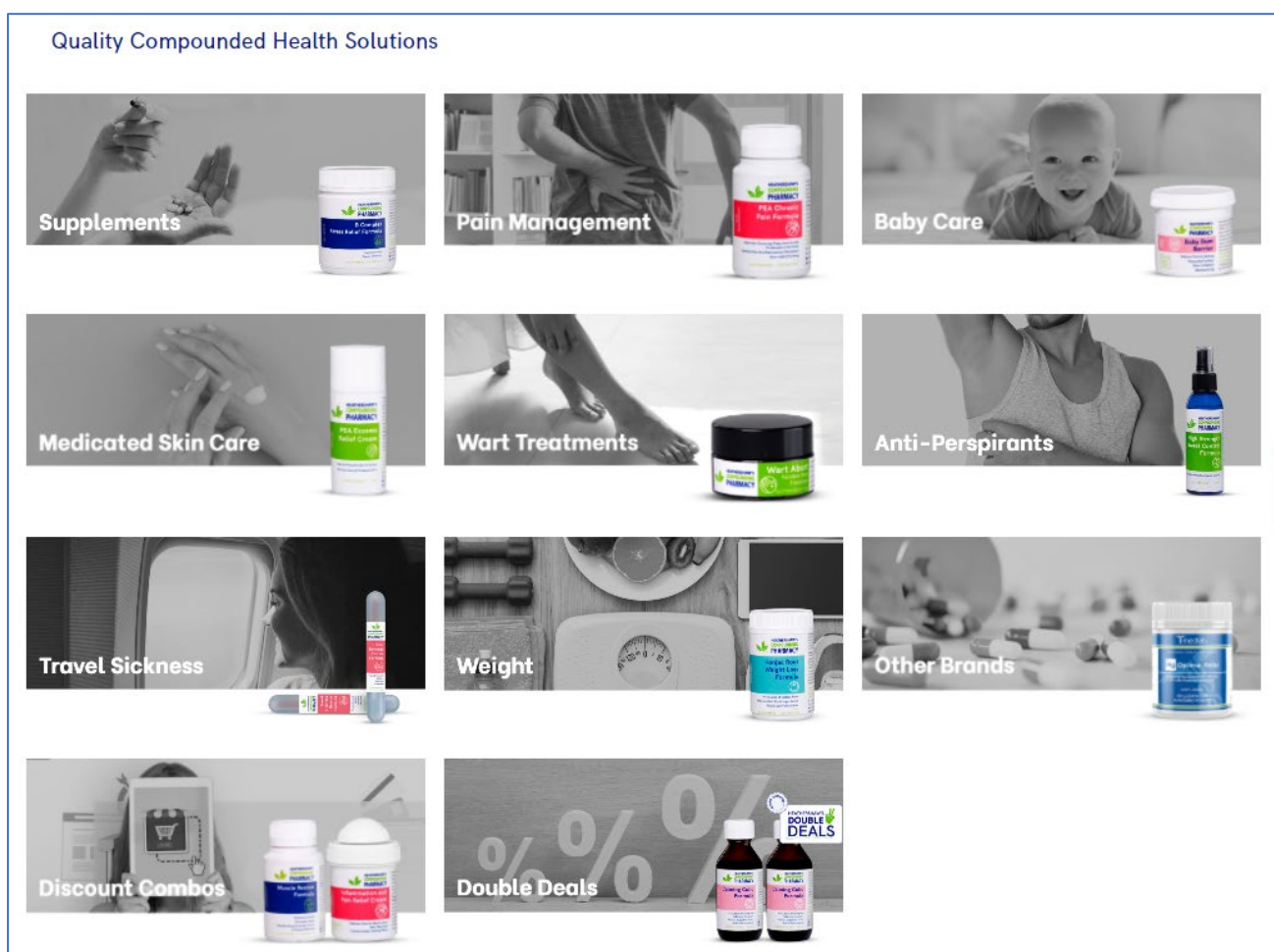
M: +61 419181910

E: kenneth.harvey@monash.edu

W: <https://www.monash.edu/>


15 October 2020

Screen shots (taken 15/10/2020):



<https://heathershawscompounding.com.au/shop-now/>


Complaint to TGA: Heathershaw's Compounding Pharmacy




Muscle Rescue Formula

★★★★★ (2 customer reviews)




\$27.50

 | own it now, pay later [learn more](#)

or 4 fortnightly payments from **\$6.88** with 


[More info](#)

Heathershaw's Muscle Rescue Formula contains magnesium glycinate to help reduce inflammation, relieve muscle cramps, support energy production for exercise and promote a better sleep experience without the adverse effects of sleep medications. Heathershaw's unique formulation includes vitamin B6 that may help improve your mood. Our product may:


-  Help Reduce Anxiety
-  Help Promote Sleep
-  Help Relieve Muscle Aches, Pain, Cramps & Spasms

Caps: **100 Caps** **300 Caps** ✕ Clear

DOUBLE DEAL COMBO OFFER



HEALTHY



HEALTHY



Magnesium Glycinate

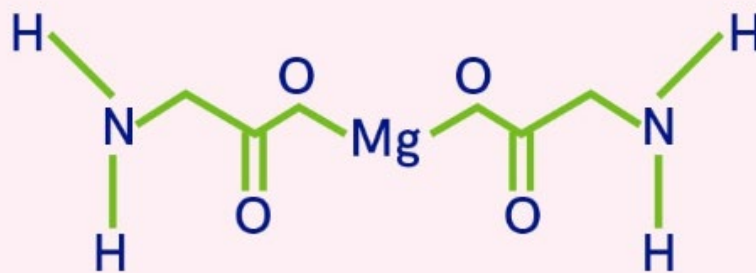
It is formed by the reaction of magnesium metal with glycolic acid. The resulting magnesium salt is a white crystalline powder. It is soluble in water and has a slightly bitter taste. It is used as a dietary supplement and as a laxative. It is also used in the treatment of magnesium deficiency and as a muscle relaxant.

<https://heathershawscompounding.com.au/product/muscle-rescue-formula/>

Complaint to TGA: Heathershaw's Compounding Pharmacy

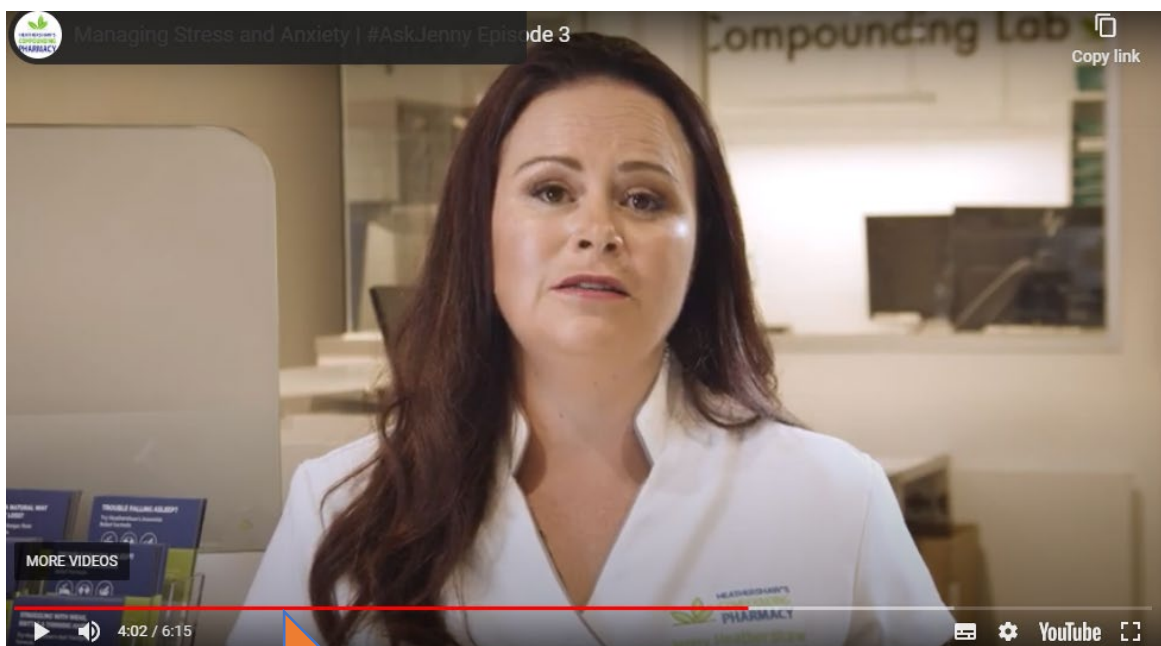
INGREDIENT SPOTLIGHT

Magnesium Glycinate



This mineral and amino acid combination of magnesium glycinate helps to reduce chronic inflammation, relieve muscle cramps, support energy production for exercise and provide a better overall sleep experience without the adverse effects of other sleeping aids. Heathershaw's unique formulation also includes Vitamin B6 to help your mood.


<https://heathershawscompounding.com.au/product/muscle-rescue-formula/#product-gallery-4>



'Most of us are magnesium deficient'

Complaint to TGA: Heathershaw's Compounding Pharmacy

https://youtu.be/XC69BP_3eOg



DOUBLE DEAL
COMBO AVAILABLE

CUSTOM MADE

MADE IN AUSTRALIA

HEATHERSHAW'S COMPOUNDING PHARMACY
Insomnia Relief Formula

Reduces Anxiety
Improves Mood
Promotes Sleep

CUSTOM MADE - 100 CAPSULES

Insomnia Relief Formula

★★★★★ (5 customer reviews)

\$27.50

| own it now, pay later [learn more](#)

or 4 fortnightly payments from \$6.88 with [More info](#)

Heathershaw's Sleep Formula is a unique compounded product containing GABA, a calming neurotransmitter that promotes sleep by facilitating Melatonin production. The formula is natural and non-addictive. Our product may:

- Help Reduce Anxiety
- Help Improve Mood
- Help Promotes Sleep


Caps: **30 Caps** 100 Caps 300 Caps × Clear

- 1 +

INGREDIENTS

GABA 125mg, Inositol 75mg, L-glycine 50mg, L-taurine 50mg

<https://heathershawscompounding.com.au/product/insomnia-relief-formula/>



DOUBLE DEAL
COMBO AVAILABLE

CUSTOM MADE

MADE IN AUSTRALIA

HEATHERSHAW'S COMPOUNDING PHARMACY
Allergy Relief Formula

Decreases Histamine Levels
Antioxidant
Supports Immune System

CUSTOM MADE - 100 CAPSULES

| own it now, pay later [learn more](#)

or 4 fortnightly payments of \$16.25 with [More info](#)

Heathershaw's Allergy Relief Formula contains quercetin which relieves the symptoms of allergic reactions by reducing the release of histamines in the body. The formula contains vitamin C and zinc to provide additional support for the immune system and help reduce the severity of common colds.

- Decreases Histamine Levels
- Antioxidant
- Supports Immune System

- 1 +

INGREDIENTS

Quercetin 300mg, ascorbic acid 100mg, zinc picolinate 5mg

REVIEWS

CONDITIONS

BENEFITS

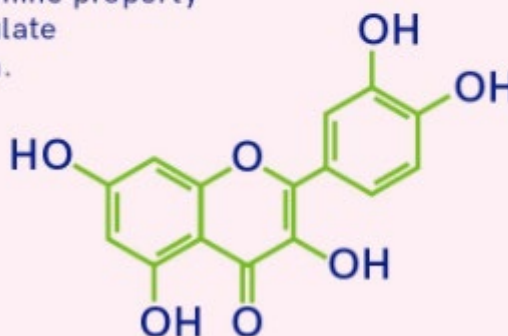
<https://heathershawscompounding.com.au/product/allergy-relief-formula/>

Complaint to TGA: Heathershaw's Compounding Pharmacy

INGREDIENT SPOTLIGHT

Quercetin

Quercetin is an antioxidant found in many plants and foods such as apples, broccoli and red onions. Research suggests that adding quercetin to the diet may help to relieve allergy symptoms due to its antihistamine property and ability to stimulate the immune system.



<https://heathershawscompounding.com.au/product/allergy-relief-formula/>

But see: <https://naturalmedicines.therapeuticresearch.com/databases/food,-herbs-supplements/professional.aspx?productid=294>

Complaint to TGA: Heathershaw's Compounding Pharmacy

DOUBLE DEAL COMBO AVAILABLE

Immunity Booster

★★★★★ (1 customer review)

\$55.00

zip | own it now, pay later [learn more](#)

or 4 fortnightly payments from \$13.75 with [afterpay](#) [More info](#)

Heathershaw's Immunity Booster formulation contains astragalus, a herb used in traditional Chinese medicine. The health benefits of astragalus may include support for a healthy immune function, reducing common cold symptoms and anti-inflammatory effects. This formula is combined with Zinc Picolinate and Vitamin D3, for added immunity support. Our product may:

- Help Boost Immune Function
- Serve as an Antioxidant
- Help Reduce Severity & Duration of Colds

Caps: **100 Caps** 300 Caps × Clear

- 1 + [Add to cart](#)

INGREDIENTS

Astragalus 715mg, Zinc Pic 5mg, Vit D3 150IU

<https://heathershawscompounding.com.au/product/immunity-booster/>

INGREDIENT SPOTLIGHT

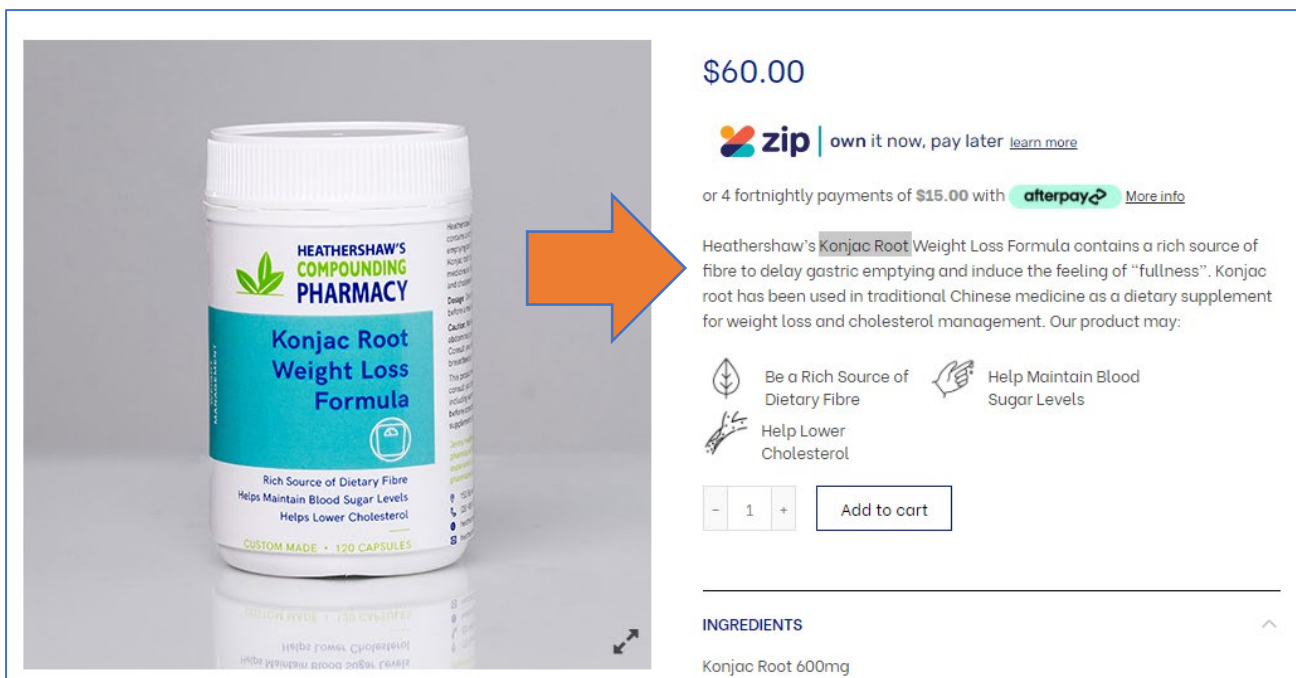
Astragalus Root

Astragalus is a herb and its root is used as a natural dietary supplement to treat various health conditions. It's particularly useful in reducing the severity and duration of common cold & upper respiratory infections. It also has antioxidant effects that inhibit free radical production. In the body, free radicals damage cells and are linked to many health problems associated with ageing. That's why it forms the central ingredient in Heathershaw's Immunity Booster


<https://heathershawscompounding.com.au/product/immunity-booster/>


But see: <https://naturalmedicines.therapeuticresearch.com/databases/food,-herbs-supplements/professional.aspx?productid=963>

Complaint to TGA: Heathershaw's Compounding Pharmacy






\$60.00


 zip | own it now, pay later [learn more](#)

or 4 fortnightly payments of \$15.00 with  afterpay [More info](#)

Heathershaw's **Konjac Root** Weight Loss Formula contains a rich source of fibre to delay gastric emptying and induce the feeling of "fullness". Konjac root has been used in traditional Chinese medicine as a dietary supplement for weight loss and cholesterol management. Our product may:

-  Be a Rich Source of Dietary Fibre
-  Help Maintain Blood Sugar Levels
-  Help Lower Cholesterol

- 1 +

INGREDIENTS 

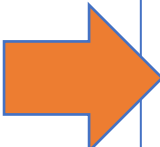
Konjac Root 600mg

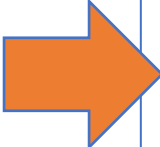
<https://heathershawscompounding.com.au/product/konjac-root-weight-loss-formula/>

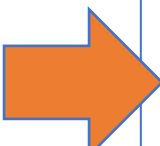
Complaint to TGA: Heathershaw's Compounding Pharmacy

FAQS ^

What is Konjac Root?
Konjac plant, or the root, is a Japanese root vegetable that is full of fibre. It has been used by people in East Asia for thousands of years. It contains a soluble fibre called glucomannan. In fact, it has the highest molecular weight and consistency of any known dietary fibre.

 **What are some other benefits of the Konjac Root Weight Loss Formula?**
Aside from aiding weight loss by inducing a feeling of fullness, Konjac Root has other health benefits including boosting the immune system, regulating blood sugar and cholesterol levels, help manage diabetes, help manage irritable bowel disease and ease constipation.

 **What are the side effects of Konjac Root Weight Loss Formula?**
Konjac root has water-absorbing qualities, which means it can cause gastrointestinal side effects. There are reported side effects of diarrhoea, loose stools and flatulence. But, if the correct dosage of the formula is used as directed, these can be avoided.

 **Is the Konjac Root Weight Loss Formula a safe method of weight loss?**
Our Konjac Root Weight Loss Formula is completely natural. Konjac Root contains around 40% of the soluble fibre, glucomannan, which creates a feeling of fullness due to its very slow passage through the digestive tract and it is shown to lower cholesterol and balance blood sugar. If you're looking for a natural way to lower cholesterol as well, it may be an option for you due to the glucomannan content however, you must remember that this should complement a healthy diet, not replace it.

<https://heathershawscompounding.com.au/product/konjac-root-weight-loss-formula/>

But see: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3892933/>

ETC.